

POY- Ricky Miezan	Sr.	Episcopal HS
<b><u>Attack (Alphabetical)</u></b>	<b><u>Year</u></b>	<b><u>School</u></b>
Jacob Angelus	Jr.	Paul VI
Connor McCullough	Sr.	St. Stephen's-St. Agnes
Christian Randolph	Sr.	Norfolk Academy
Joseph White	Sr.	Collegiate
<b><u>Midfield</u></b>		
Greyson Ergenbright	Sr.	Paul VI
Brandon Fisher	Sr.	Paul VI
Austin Stewart	Sr.	St. Stephen's-St. Agnes
Chase Yager	Sr.	Norfolk Academy
<b><u>Defense</u></b>		
Grayson Ackaway	Sr.	Norfolk Academy
Grant Dearden	Sr.	Paul VI
Will McLeish	Sr.	Potomac
Silas Newsome	Sr.	St. Stephen's-St. Agnes
<b><u>Goalie</u></b>		
Luke Caracciolo	Sr.	Paul VI
Miles Thompson	Sr.	Episcopal HS
<b><u>LSM</u></b>		
Ben Wayer	So.	St. Stephen's-St. Agnes
<b><u>Face Off</u></b>		
Andrew Tyerar	Jr.	St. Stephen's-St. Agnes

<b><u>Coach of the Year</u></b>		
Bob Waters		Paul VI
<b><u>Second Team (Alphabetical)</u></b>		
Antonio Arcona	Sr.	Norfolk Academy
Andrew Cooke	Sr.	Collegiate
Steven Cornwell	Sr.	Paul VI
Mason Edwards	Jr.	St. Stephen's-St. Agnes
Tyler Ewen	Sr.	Blue Ridge
Javon Johnson	Sr.	St. Anne's-Belfield
Kyle Jung	Sr.	Flint Hill
Kristophe Newman	Sr.	St. Paul John the Great
Jeffrey Perkins	Sr.	St. Anne's-Belfield
Parker Tanner-Vigil	Jr.	Cape Henry Collegiate
Burke Widhelm	Sr.	St. Christopher's

POY- Gray Pollock	Sr.	North Cross School
<b><u>Attack</u></b>	<b><u>Year</u></b>	<b><u>School</u></b>
Eli Dowd	Sr.	Nansemond-Suffolk Academy
James Hill	Sr.	Virginia Episcopal School
Dylan James	So.	Virginia Episcopal School
Mark Sprague	Sr.	Highland School
<b><u>Midfield</u></b>		
Geist Pollock	Fr.	North Cross School
Will Revere	So.	Hampton Roads Academy
Luke Sorensen	Jr.	The Covenant School
Will Wren	Jr.	Nansemond Suffolk Academy
<b><u>Defense</u></b>		
Adam Batzel	Sr.	North Cross School
Michael Brogan	Jr.	Virginia Episcopal School
Steven Clark	Jr.	Roanoke Catholic School
Caleb Evans	So.	Nansemond Suffolk Academy
<b><u>Goalie</u></b>		
Jack Lawson	Sr.	Highland School
Piers McGinn	Jr.	North Cross School
<b><u>LSM</u></b>		
Austin Zappia	Jr.	North Cross School
<b><u>Face Off</u></b>		
Ian Saunders	Sr.	Virginia Episcopal School

<b><u>Coach of the Year</u></b>		
Chris Pollock		North Cross School
<b><u>Second Team (Alphabetical)</u></b>		
John Backo	Sr.	Highland
Thomas Battle	Sr.	Virginia Episcopal School
Thomas Chatman	Jr.	Norfolk Collegiate
Ify Eze	Jr.	Christchurch
Bryant Guilfoyle	Jr.	Roanoke Catholic
Parker Hylton	Sr.	Highland
Abe Musselmani	So.	Norfolk Collegiate
Peter Orgain	Sr.	Steward
Ryan Post	Jr.	Hampton Roads Academy
Nicholas Thompson	Jr.	Christchurch
Carlton Ward	Fr.	North Cross School